

TIR Institute of Maine and reFRESH Training Center are excited to present the

NEW! TIR for Children Workshop*

Featuring Developer and Trainer, Judith Steiner



Joan Angelakis, LCSW, TIRT
www.TIRInstituteofMaine.com



Judith Steiner, LMHC, STIRT
TIR for Children, Developer & Trainer



Cynthia Scott, LSRT, TIRT
www.reFRESHTrainingCenter.com

*You've been asking ...
Now it's here!*

2-day TIRC Workshop

12 CE Contact Hours



*Resolve a
child's trauma
early by
learning how
to apply
TIR with
Children*

TIR for Children is an excellent workshop necessary for those practitioners that work with children, as well as those who would like to work with children. The **TIR Workshop for Children (TIRC)** will give every practitioner the tools needed for resolving trauma with children of all ages.

This 2-day workshop will teach TIR Facilitators* how to apply this evidence-based method with children. This technique incorporates the use of play with TIR. This is a structural, yet person-centered approach to resolving the emotional charge contained in a child's trauma and eliminating the negative aftereffects in a brief amount of time. This workshop also teaches Unblocking especially designed for children, in a language that they can understand.

TIR is included in SAMHSA's National Registry of Evidence-Based Programs and Practices - www.TIR-NREPP.org

***Prerequisite
Workshop for TIRC**

Traumatic Incident Reduction Workshop (TIRW – 28 CE Contact Hours)
See the list of available TIR Workshops and ***special pricing for both*** the TIR Workshop and the TIR for Children Workshops being held in Maine during April & May 2015 at www.reFRESHTrainingCenter.com or www.TIRInstituteofMaine.com

TIRC Workshop Dates

May 29 & 30, 2015, 10am-5pm
Waterville Area

- OR -

June 1 & 2, 2015, 10am-5pm
Husson University, Westbrook

TIRC Registration

*(includes course instruction,
workbook and refreshments)*

\$247 Early Bird Discounted Rate if paid by or before 4/30/15 -- **SAVE \$50 & also receive a FREE "Children & TIR" Book (\$20 Value)**

\$297 Regular Rate when paid on or after 5/01/2015

Register

- Online registration with Credit Card: <http://TIRC.Eventbrite.com>
- Online registration with Credit Card, Check or Money Order:
www.reFRESHTrainingCenter.com (or use printable form below)

Objectives

As demonstrated through supervised activities and examination, the student will be able to:

- Explain the theory and practice of TIR for Children
- Know the variations of TIR for children 6-12 and children under 6
- Explain the theory and practice of Unblocking For Children
- Explain the reasoning behind modifying TIR to address children
- Utilize communication exercises to increase rapport with clients
- Describe the importance of using play with children
- Become familiar with some relevant children's measurements
- Learn the importance of teaching children mindfulness and how it goes hand in hand with TIR

**12 CE Contact

Hours

To obtain an Attendance Certificate for any workshop you must:

- Complete course requirements, including attending all sessions
- Pass the workshop quiz
- Demonstrate competency in the skills taught to the satisfaction of the trainer
- Turn in a completed course evaluation

A certificate of attendance will be mailed directly to the graduate from AMI upon receipt of workshop information from the trainer.

Program Presenters

- Judith Steiner, LMHC, STIRT, TIRF, LSRT, LSRF
- Cynthia Scott, TIRT, TIRF, LSRT, LSRF
- Joan Angelakis, LCSW, TIRT, TIRF

Judith Steiner is a LMHC, LMHC Intern Supervisor, Certified Senior TIR Trainer and Facilitator and Certified LSR Trainer and Facilitator. Her private practice, the Center for Family and Personal Growth in Venice, Florida where she works with trauma and associated disorders, as well as depression, anxiety and life stress situations. She has been treating children for more than 25 years; she has adapted the use of TIR and Unblocking to children and recently developed the **TIR for Children Workshop** for use internationally.

Cynthia Scott is a Certified Traumatic Incident Reduction (TIR) Trainer and Facilitator and Certified Life Stress Reduction (LSR) Trainer and Facilitator. She has been seeing clients with a variety of traumas and lifelong challenges in her home office in Guilford and via Skype since 2010. The first Certified TIR Trainer in Maine, Cynthia opened reFRESH Training Center in 2012 and has held TIR & LSR workshops in Bangor, Dover-Foxcroft, Farmington, Jonesport, Mt Vernon, Norway, Weld and Westbrook, Maine as well as Pune, India.

Joan Angelakis is a LCSW and Certified TIR Trainer and Facilitator. Her private practice, Crown Cove Counseling, and training service, TIR Institute of Maine, are located in Smithfield, Maine. Joan works with people suffering from the effects of trauma as well as depression, anxiety, co-dependency and other life stress related issues. Joan believes that a person's physical, emotional and spiritual needs are intertwined and need to be addressed respectfully.

****Applied Metapsychology International (AMI) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. AMI maintains responsibility for this program and its content. Trauma-related training hours may also be submitted to the Association of Traumatic Stress Specialists (ATSS) for certification and re-certification as a Trauma Specialist.**

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NEW! TIR for Children Workshop*

featuring trainer and creator, Judith Steiner

Registration Form

Name	
*Prerequisite:	<input type="checkbox"/> TIR Workshop - Date attended or will attend _____ - TIR Trainer: _____
Degree/Specialty	
Mailing Address	
City, State, Zip	
Phone #	
E-mail Address	

TIRC Workshop Choice	<input type="checkbox"/> May 29 & 30, 2015, 10am-5pm Friday & Saturday Waterville Area	<input type="checkbox"/> June 1 & 2, 2015, 10am-5pm Monday & Tuesday Husson University - Westbrook
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Registration & Payment Options

Questions? Contact Cynthia Scott at 207.717.4506

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|--|--|
| <input type="checkbox"/> \$247 - Early Bird Registration
if paid in full by or before 4/30/15
SAVE \$50 & receive a FREE "Children & TIR" Book (\$20 Value) | <input type="checkbox"/> \$297 - Regular Registration
if paid in full on or after 5/01/15 |
| <input type="checkbox"/> Register and pay online | http://TIRC.Eventbrite.com |
| <input type="checkbox"/> or Register at www.reFRESHTrainingCenter.com | |
| <input type="checkbox"/> or E-mail completed registration form with CC info to: | Scott.CynthiaM@gmail.com |
| <input type="checkbox"/> or Fax completed registration form with CC info to: | 207-805-8794 |
| <input type="checkbox"/> or Mail completed registration form with CC info or a check,
payable to reFRESH Training Center , to: | reFRESH Training Center
251 Wharff Road
Guilford ME 04443 |

If paying by Credit Card, please include the following:

Name on the Credit Card	
Credit Card #	
Expiration Date	
CVV Code (on the back)	
Billing Address Zip Code	
Signature	
Date	

Refund and Cancellation Policy

Full refund minus \$75 processing fee, if notice is given two weeks before workshop starts.
If later cancellation, fee can be used for future workshops.

Workshop dates and locations are subject to change pending enrollment

This Workshop is co-sponsored by **AMI** (Applied Metapsychology International) - FMI: www.tir.org

LIMITED SEATING - Registrations will be considered in the order they are received with full payment.

Received on _____

What if we could ... **resolve childhood trauma early rather than late?** **We Can!**

Children and
Traumatic Incident Reduction:
Creative and Cognitive Approaches



Ed. by Marian K. Volkman, CTS, CMF

This book is a must for any therapist working with kids.

Naturally, it focuses on the approach of Traumatic Incident Reduction, but there is a lot of excellent material that will be useful even to the therapist who has never before heard of TIR and may not be particularly interested in learning about it.

The general approach is respectful of clients, based on a great deal of personal experience by contributors as well as on the now extensive research base supporting TIR, and fits the more general research evidence on what works.

-- Robert Rich, PhD

Traumatic Incident Reduction (TIR) is a brief, person-centered therapy for resolving symptoms of traumatic stress (acute and chronic) including Post-Traumatic Stress Disorder (PTSD). TIR facilitators around the world engage with diverse populations including crime victims, domestic violence survivors, children, natural disaster survivors, accident victims, and combat veterans. These practitioners include psychologists, social workers, ministers, domestic violence counselors, and lay practitioners who work in various settings such as hospital clinics, private practices, shelters, victim services agencies, and disaster sites. **FMI, www.TIRBOOK.com**

Register early for the **TIR for Children Workshop** and receive a **FREE COPY** of
"Children and Traumatic Incident Reduction: Creative and Cognitive Approaches"

We are understanding more and more about how early traumatic experiences affect long-term mental and physical health:

- Physical impacts are stored in muscles and posture
- Threats of harm are stored as tension
- Overwhelming emotion is held inside
- Negative emotional patterns become habit
- Coping and defense mechanism become inflexible

What if we could ... **resolve childhood trauma before years go by and these effects solidify in body and mind?**

We Can!

In a perfect world, we'd like to be able to shield children from hurt and harm. In the real world, children, even relatively fortunate ones, may experience accidents, injury, illness, and loss of loved ones. Children unfortunate enough to live in unsafe environments live through abuse, neglect, and threats to their well-being and even their life.

What if we could ... **resolve childhood trauma fully, gently, and completely while the child is still young?**

We Can!